

23<sup>rd</sup> Annual Meeting  
& Exhibition • 30 May–05 June 2015  
SMRT 24<sup>th</sup> Annual Meeting • 30–31 May  
Toronto, Ontario, Canada   
[www.ismrm.org](http://www.ismrm.org) • [www.ismrm.org/smrt](http://www.ismrm.org/smrt)

## **Post Convention Program For Halifax and Prince Edward Island**

**June 5 – 9, 2015**

## HALIFAX

**“Nova Scotia - one of the friendliest places on earth”**

Not only is Halifax, Nova Scotia the quintessential Maritime destination – where you can tour a natural harbour via Halifax tall ship or relax on the waterfront, soaking up sea air – it’s also the cultural hub of Atlantic Canada. Whether you’re an urbanite wanting to shop and pamper yourself, a history buff interested in our heritage, a foodie in search of the best seafood, or an outdoorsman excited to begin a new adventure, Nova Scotia has something spectacular for you.



## Prince Edward Island “Get Outside!”

To spend all your time indoors on Prince Edward Island would be like going to a great art museum to read the newspaper. What you'd miss! Running, walking, biking. There are 25 bicycle rental shops on the Island, and with good reason: cycling is a great way to get around. The highest elevation is 142 meters (465 feet) above sea level, with much of the land rising and falling in gentle slopes. Add the Confederation Trail with its 357 kilometres (221 miles) of flat, groomed surface and you have a biker's and hiker's dream. Canoeing, kayaking, fishing.

The Island is surrounded by warm summer water. If you're not in the ocean, you'll want to be on it. (Did we mention snorkeling, swimming, seal watching or parasailing?)



## PROGRAM ITINERARY

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### DAY 1:

Upon arrival in Halifax, the group will be met by your English Speaking Trip Director who will remain with the group throughout their stay in Atlantic Canada

19:00 – 20:30 Dinner at a local restaurant in walking distance  
Overnight in Halifax

### DAY 2:

07:30 Depart for Tidal Bore Rafting Excursion  
09:00 – 13:00 Tidal Bore Rafting Excursion  
13:00 – 14:00 Hearty BBQ Lunch or a casual picnic lunch on the deck  
14:15 Depart for Alexander Keith's Brewery  
15:30 – 16:30 Guided Alexander Keith's Brewery Tour  
18:00 – 19:30 Dinner at a local restaurant in walking distance  
Overnight in Halifax

### DAY 3:

09:00 – 12:00 Segway sightseeing tour of Halifax  
12:15 Continue for Charlottetown, PEI. Boxed lunch provided.  
15:30 Approximate arrival in Charlottetown  
15:45 Time at leisure before dinner  
18:00 – 19:30 Dinner at a local restaurant in walking distance  
Overnight in Charlottetown

### DAY 4:

08:00 Depart for Full Day Tour  
08:30 Breakfast  
09:00 Visit to Farm & Fishery  
10:30 Break  
12:00 Lunch  
13:00 Visit to Vineyard and Orchard  
14:30 Break  
18:00 Dinner  
19:30 Return to the hotel for the evening  
Overnight in Charlottetown

### DAY 5

09:30 Depart to Halifax via ferry (Wood Islands to Caribou, NS) via Peggy's Cove  
12:00 – 13:30 Lunch at Sou'wester Restaurant  
13:45 – 17:00 Time at leisure this afternoon to explore Peggy's Cove  
Depart from Halifax at leisure

## THE WESTIN NOVA SCOTIAN

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This AAA/CAA Four Diamond Halifax hotel features an ideal location near the scenic harbour. Steps from world-class Halifax attractions, they are the ideal place to savour the sights and sounds of this beautiful city. Discover pure rejuvenation during your stay.

Enjoy stunning views of Halifax Harbour or Cornwallis Park from our Halifax accommodation. Slip into a plush terry cloth robe and sink back into the bliss of our Heavenly Bed®. Renew your

senses and find balance in your home away from home. Nourish your soul in elements on hollis, featuring locally-inspired cuisine and wines. The Westin Nova Scotian was awarded the prestigious AAA Four Diamond Award. They are the only hotel in Atlantic Canada with a restaurant that was awarded the Wine Spectator Award. Plan your next Halifax conference or meeting at our hotel to experience our world-class service and amenities.



## THE DELTA PRINCE EDWARD

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### *Cultural, Coastal and Culinary*



Experience Charlottetown and the Delta Prince Edward...Stunning Water Views ~ Newly Renovated Guestrooms ~ Best Location in Charlottetown ~ the city's only waterfront hotel!

Enjoy their new Mode Brand of guestrooms, spacious and thoughtfully designed with the modern traveller in mind. From the large clutter-free SmartDesk™ to the spa-like bathrooms, you've never stayed with us like this before!

The 4 Diamond, full-service hotel with day spa and fitness centre provides the perfect home base for your Charlottetown and Island experience. You are only steps away from festivals and events celebrating Canadian and Island culture. Come and get to know us! With spring around the corner come and see the Island transform from a winter wonderland into the beauty of spring colours and life. ***At Delta Prince Edward - Expect Even More.***



## PROGRAM

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### DAY 1: ARRIVAL IN HALIFAX

Upon arrival in Halifax, the group will be met by your English Speaking Trip Director who will remain with the group throughout their stay in Atlantic Canada.

Dinner at a local restaurant.

Overnight in Halifax.

### DAY 2: HALIFAX

#### **Rafting tour and Mud Sliding (4 hrs)**

Here the group will depart on a **Tidal Bore Rafting Excursion**. A unique, wet and wild two and four hour rafting adventure

We will start at our departure site and travel downstream with the outgoing tide to the mouth of the river. We will get to stretch our legs on a 200 acre sand bar until the Tidal bore arrives. Then we will hop in the boat and ride the rapids all the way back and past the departure site. Then we will travel back to the departure site. During the trip, the group will get the chance to Mud Slide. Mud-sliding is exactly what it sounds like. We'll find a big, steep hill of pure clay, climb to the top, and slid down it into the water!

After the Rafting & mud slide, guests will enjoy a hearty BBQ Lunch or a casual picnic lunch on the deck.



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In the afternoon guided tour of the famous Alexander Keith's Brewery.

### Beer Tasting at Alexander Keith's Brewery

Begin the evening with a visit to [Alexander Keith's Brewery](#) and step back in time for a fun-filled history lesson delivered by costumed animators. It's definitely not your run-of-the-mill brewery tour! The group will enjoy visiting the beautifully detailed home & brew house of Alexander Keith, learning about the brewing process, singing a song (or two) in the Stag's Head Pub and, of course, sampling Mr. Keith's finest Ale.



Dinner at a local restaurant.

### DAY 3: HALIFAX – CHARLOTTETOWN (VIA CONFEDERATION BRIDGE)

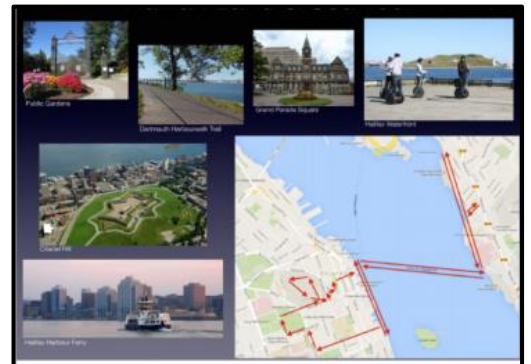
Morning **sightseeing tour** of the downtown core and waterfront on a **Segway** (3 hrs).

Continue for Charlottetown, PEI. Boxed lunch provided.

### Confederation Bridge



The Confederation Bridge joins the eastern Canadian provinces of Prince Edward Island and New Brunswick, making travel throughout the Maritimes easy and convenient. The curved, 12.9 kilometre (8 mile) long bridge is the longest in the world crossing ice-covered water, and more than a decade after its construction, it endures as one of Canada's top engineering achievements of the 20th century.



Arrival in Charlottetown in the late afternoon.

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Charlottetown is both the largest city on and the provincial capital of Prince Edward Island, and the county seat of Queens County. Named after Charlotte of Mecklenburg-Strelitz, queen consort of the United Kingdom, Charlottetown was first incorporated as a town in 1855 and designated as a city in 1885. It was most famously the site of the Charlottetown Conference in 1864, the first gathering of Canadian and Maritime statesmen to debate the proposed Maritime Union and the more persuasive British North American Union, now known as Canadian Confederation. From this, the city adopted as its motto "Cunabula Foederis" -- "Birthplace of Confederation".



Time at leisure before dinner

Dinner at a local restaurant.

### DAY 4: CHARLOTTETOWN

Full day tour to and from the accommodations venue to our on and off water destinations for the entire day. Tour and travel along the coastal shores of PEI and experience the best food the island has to offer. Chef Ross Munro will host your guests and cook and create for them all day long. A truly unique and completely customized, culinary adventure from start to finish. All **meals** and alcohol and beverages provided throughout the entire day. The day includes trips to our farmers and fishermen, vineyards and island orchards and of course, world class food for all three meal periods. Breakfast, breaks, lunch and dinner are all included.





## PROGRAM

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### DAY 5:

### CHARLOTTETOWN – HALIFAX – DEPARTURE TO TORONTO

Today group will depart to Halifax via ferry from Wood Islands to Caribou, NS with a stop in Peggy's Cove!



#### **Lunch at Sou'wester Restaurant**

No visit to Peggy's Cove is complete without trying the world famous Seafood Chowder at the Sou'wester Restaurant and homemade Gingerbread with ice cream for dessert (alternative is offered non-seafood lovers).

#### **Peggy's Cove**

The Peggy's Cove Coastal Region, encompassing the shores of the scenic St. Margaret's Bay, offers you a wide range of attractions and experiences that will help make your holiday a memorable one. Many of the area's assets are tucked away on side roads or in scenic coves and harbours, that are just waiting for you to find and explore. Peggy's Cove is just 30 minutes away from downtown Halifax, Nova Scotia. Besides the stunning natural beauty of this area there are a whole host of exciting activities and experiences to savour. The region is noted for its hiking trails, kayaking adventures, whale watching, birding activities, and golf courses and its pristine beaches offer fun for everybody.

#### **Continue to Halifax & flight to Toronto**

## **PROGRAM**

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### **PER PERSON COST INCLUDES:**

- Applicable taxes and service charges
- Transportation and transfers
- Admission to attractions as listed
- Services of an escort throughout
- Ferry crossing from PEI to NS
- Lunches as outlined in the program with 1 pop OR 1 water per person
- Dinner as outlined in the program with 2 alcoholic drinks per person

### **PER PERSON COST DOES NOT INCLUDE:**

- Flights, insurance (flights can be arranged)
- Airport taxes and portorage
- Excess luggage transfers and personal expenses
- Meals and beverages other than listed above
- Baggage handling – 1 piece per person at the hotels

<b>Per person price double occupancy ...</b>	<b>\$4,200.00 Canadian</b>
<b>Per person price single occupancy...</b>	<b>\$4,400.00 Canadian</b>