

23rd Annual Meeting & Exhibition • 30 May–05 June 2015 SMRT 24th Annual Meeting • 30–31 May Toronto, Ontario, Canada www.ismrm.org • www.ismrm.org/smrt

Post Program for Quebec & St. Alexis des Monts

June 5 - 10, 2015











Québec City "Unparalleled romance"

Sure of its charms and just a touch haughty, Québec City is gracious yet simple. The city has everything it takes to please: an enchanting setting on the St. Lawrence, a priceless architectural heritage, a rich and colourful past and, above all, a warm heart bubbling over with the special joie de vivre that has characterized it for four centuries.





Laurentians "Send forth thyne light and thyne truth"

A vast and welcoming region, a fascinating land, the Laurentians, north of Montréal, is a world renowned four-season tourist destination. Our 22,000 sq. km. territory spans south to north from Rivière des Millelles to the huge territories north of Mont-Laurier and east to west, from the borderline of the Lanaudière region to the boundaries of the Outaouais region. Journeying over plains and valleys, trekking over hills and mountains, you will discover a kaleidoscope of landscapes, bursting with beauty. Mountainside and lakeside cottages, heritage homes, lively towns and villages will delight you! Shaped by courageous pioneers: Amerindians, French, Irish and Scots, our prolific and colourful Laurentian history has inspired numerous authors including Claude-Henri Grignon and Francine Ouellette. The vast Laurentians experienced remarkable development from the days of the first settlers to the arrival of tourists from around the world.







PROGRAM ITINERARY

DAY 1:

Arrival in Quebec City at the International Airport
You will be met by an English speaking Trip Director
You will be required to bring the luggage through customs
Transfer to a downtown hotel in Quebec City & check-in

19:00 – 20:30 Dinner in a local restaurant in walking distance

21:00 Walk back to the hotel

Overnight in Quebec City

DAY 2:

15:45 – 16:15 Ride in a Vintage tram (up to 24 pax, if more pax, additional costs apply)

19:00 – 20:30 Dinner at a local restaurant
20:45 Walk back to the hotel
Overnight in Quebec City

DAY 3:

11:45 – 12:45 Lunch upon arrival in Hotel Tadoussac

13:00 Board Whale Watching Tour

13:30 – 16:30 Three hour whale watching tour on a zodiac

Overnight in Quebec City.

DAY 4:

10:00 Depart for St. Alexis des Monts 12:00 – 13:30 Lunch at a traditional sugar shack

14:00 Arrival at the hotel. Rest of the day at leisure.

Overnight in St. Alexis des Monts

DAY 5:

Full day at leisure. Refer to optional activities.

Overnight in St. Alexis des Monts

DAY 6:

10:00 Departure to Quebec City

Deapartures from Quebec City at lesuire

HILTON QUEBEC HOTEL



Located on Parliament Hill, Hilton Quebec is just a 20-minute drive to Quebec International Airport and five minutes from the train and bus stations. This Quebec City hotel is steps from all major tourist attractions and festivals. Enjoy proximity to the city's government and business attractions. Visit the Old Town to take in Quebec's culture and historical significance.



DAY 1 / QUEBEC CITY - ARRIVAL

Arrival in Quebec City at the International Airport. Guests will be met by an English speaking CTI Trip Director. Guests will be required to bring the luggage through customs on their own.

Transfer to a downtown hotel & check-in.

Dinner in a local restaurant.

Overnight in QC.



DAY 2 / QUEBEC CITY



In the morning excursion to **Canyon. St. Anne**. A trip to Quebec City isn't complete without an amazing day out at the Canyon Sainte-Anne's gorge with its imposing waterfall and 3 suspension bridges is a must-do family attraction.

Discover Giant potholes and cascades in the Mini-Canyon, along with the challenging Stone Stories Scavenger Hunt with all family members. Be thrilled by 3 via ferrata courses and 2 giant zip lines (not included in price). Lunch on premises.

In the afternoon sightseeing tour with a mandatory licensed Quebec step-on guide. The tour will take the group to Place d'Armes, Dufferin Terrace, Grand Allee, Plains of Abraham, the Cit adel, Parliament Hill, Chateau Frontenac, and Place Royale which

includes Cote de la Montagne, rue du Petit-Champlain, Our Lady of the Victory's

Church & Paris Place and includes a few stops enroute.

Highlight!

30 Minute Ride in a Vintage tram (up to 24 pax, if more pax, additional costs apply)

PROGRAM

Those tramways, inspired from the trams and streetcars of 1865-1892 are offering you in the 21st century joyous and festive outings and very great pleasures.



Check-in at the hotel

Dinner at a local restaurant

Overnight in Quebec City.

DAY 3 / QUEBEC CITY -TADOUSSAC - QUEBEC CITY

Morning departure for Tadoussac.

Lunch upon arrival in Hotel Tadoussac.

With its whitewashed walls, red roof, maritime colours, dormer windows and cupola, Tadoussac Hotel calls to mind an earlier era. Overlooking Tadoussac Bay and the St. Lawrence River, the hotel is perfect for every kind of holiday adventure.





PROGRAM

Whale Watching (2-3 hours)

Whale watching is an experience many say they will never forget. Whale Watching Excursions in Tadoussac provide visitors with their most wonderful memories.

The rich marine wildlife is world renowned for its abundance and diversity. You will be provided with a trip you will remember forever. On board a zodiac, let our captain and guide tell you the story of how these impressive marine belugas live.

Return in late afternoon.

Dinner at the hotel (not included by CTI).

Overnight in Quebec City.

DAY 4 / QUEBEC CITY – HOTEL SACACOMIE

Early morning transfer to St. Alexis des Monts.

Lunch at a traditional sugar shack.

Come and renew with tradition - an experience you won't forget!

- Warm welcome
- Guided visit
- Walk in the park
- Interpretation of fabrication
- Maple taffy on snow
- Gift shop and maple products

Menu:

- French Canadian peas soup
- Baked beans
- Meat pie
- Baked omelette
- Maple ham
- Grilled salt pork
- Homemade bread
- Pickled beets
- Potatoes
- Maple syrup Pancake
- Maple taffy
- Tea Coffee

Arrival at the hotel. Rest of the day at leisure.

Dinner at the hotel (not included).









DAY 5 / HOTEL SACACOMIE

Full day at leisure. Activities as per below.

Breakfast, lunch and dinner at the hotel (not included by CTI).

Overnight in St. Alexis des Monts.

Activities included in your hosting package

Watercraft

Adopt the pace of nature while discovering Sacacomie Lake. Canoe, kayak and pedal boats are at your disposal for a ride on the lake.

- Hiking

Nature lovers, take in our vast grounds stretching over 500 km2 of which there are over 65 km of forest trails with gazebo and rest areas.

- Private Beach

Enjoy our private beach. After a swim in the pure water of Sacacomie Lake, enjoy the scenery provided by the untouched nature while lying down in one of our long chairs.

- Indoor Swimming Pool

Enjoy our indoor pool.

Dinner at the hotel. Overnight in St. Alexis des Monts.



PROGRAM

DAY 6 / HOTEL SACACOMIE - DEPARTURE

Morning at leisure – lunch at the hotel (not incuded)

Transfer to Quebec City International Airport in the afternoon

PER PERSON COST INCLUDES:

- > 5 nights accomodation based on double occupancy
- > 5 breakfasts at hotels
- Applicable taxes and service charges
- Accomodateion as described
- > Transportation and transfers
- Admission to attractions (Vintage tram ride for up to 24 pax, Montmorency Gondola ride, whale watching on a zodiac in Tadoussac, admission to Canyon St. Anne,) as listed unless stated optional
- Services of An escort throughout
- > lunches as outlined in the program with 1 pop OR 1 water per person
- > dinner as outlined in the program with 2 alcoholic drinks per person

COST DOES NOT INCLUDE:

- > Flights, insurance
- Airport taxes and porterage
- Excess luggage transfers and personal expenses
- Meals and beverages other than listed above
- Anything listed as "optional"
- Tips for drivers and guides (suggested amount: \$2.00 p/p per day for the driver and \$3.00 p/p per day for the CTI guide)
- ➤ Baggage handling 1 piece per person at the hotels

Per person price double occupancy	\$2,895.00 Canadian
Per person price single occupancy	\$3,450.00 Canadian